

DMSC: RECOMMENDED GUIDELINES FOR Years 7-10

Please use the following times to guide your allocation of curriculum during remote learning. These recommendations BELOW the department guidelines, in order to help students adapt to remote learning and in developing self-regulation.

These times are approximate and based on the 'average' time you would allocate in class. It does not take into account moderation and extension work.

Year 7	Periods	Time per week
English	6	4 hours
Maths	6	4 hours
Science	4	1 and ½ hours
Humanities	3	1 hour
German	3	1 hour
Health	2	40 minutes
Electives	3	1 hour EACH
PE		½ hour

Year 8	Periods	Time per week
English	6	4 hours
Maths	6	4 hours
Science	4	1 and ½ hours
Humanities	3	1 hour
German	3	1 hour
Health	2	40 minutes
Electives	3	1 hour EACH
PE		½ hour

Year 9	Periods	Time per week
English	6	4 hours
Maths	6	4 hours
Science	4	1 and ½ hours
Humanities	4	1 and ½ hours
German	3	1 hour
Health	2	40 minutes
Electives	4	1 and ½ hours EACH
PE		½ hour

Year 10	Periods	Time per week
English	6	4 hours
Maths	6	4 hours
Science	5	2 hours
Humanities	4	1 and ½ hours
Pathways	2	40 minutes
Health	2	40 minutes
Electives	4	1 and ½ hours EACH
PE		½ hour